

# **Bhaarath Medical College & Hospital**

Date: 15/11/2019

## **World Diabetes Day report**

World Diabetes Day falls on 14<sup>th</sup> November of every year. We at Bhaarath Medical College & Hospital in line with our focus on empowering the society with awareness and prevention took this opportunity to observe World Diabetes Day. On that day i.e., 14/11/2019, we organized an awareness program for engineering students. The function was preceded by our Vice Chancellor, Dr Kanagasabai. Galaxy of Dignitaries comprising Dr Edwin Joe, Dean , BMCH; Dr Mohanasundaram, Vice Principal; Dr Somasundaram, Medical Superintendent, Dr Veera Bahu , Advisor ,Dr Managayakarasi, Govt Yoga College Chennai illuminated the dais. All the dignitaries spoke a few words on Diabetes sharing their experience. Our Professor of Medicine, Dr Muthu Chellakumar released a book which is a culinary guide for diabetics. He also spoke about Diabetes and its prevention. Dr Padma, HOD and Professor of Physiology also spoke a few words about Diabetes and yoga. Dr Mangayakarasi and team spoke about Yoga for Diabetics and demonstrated yoga postures.

At the entrance of university campus, screening camp was conducted. The camp was well received by the neighboring public and passersby. Around 200 people were screened and given appropriate medical advice by a team of our own doctors, medical technicians, pharmacist and nutritionist.



